

## NIBBLES

Chunky Da Bara toasted sourdough, whipped sea salt butter <b>v/VEO</b>	4.5
<b>add:</b> smoked mackerel pâté <b>GF</b>	3.5
<b>add:</b> roasted pepper romesco & toasted hazlenuts <b>VE/GF</b>	3.5
Mac'n cheese bites, spiced tomato mayo <b>v</b>	6.5
Chicken ceasar croquettes, parmesan shavings	7.5
Cornish crab nachos, sour cream, scallions, jalapenos, guacamole, nacho cheese <b>GF</b>	10

## BASKETS

Baskets are with celeriac slaw & fries

<b>Fritto Misto:</b> Today's Cornish catch, lemon & caper mayo <b>GF</b>	18
Monkfish 'scampi', seaweed salt, gherkin ketchup & minted peas <b>GF</b>	18
Buttermilk fried chicken wings, sticky BBQ <b>GF</b>	15
Not so hot & spicy buffalo cauliflower 'wings' <b>VE/GF</b>	15

## HAND HELDS

Shitake mushroom bao buns, pickled cabbage, sriracha mayo, coriander, toasted sesame <b>VE</b>	14
Plant burger, lettuce, tomato, vegan cheese, BBQ sauce, seeded bun, fries <b>VE/GFO</b>	16
Chicken & bacon burger, lettuce, tomato, BBQ sauce, mayo, brioche roll & fries <b>GFO</b>	16
Homemade local beef burger stack, bacon, Davidstow cheddar, lettuce, mayo, tomato, Salt & Roots' Smoke ketchup, brioche roll & fries <b>GFO</b>	16



## SURF & TURF

<b>Lobster From Around The Bay:</b> roasted garlic butter, charred lemon, buttermilk ranch, fries <b>GF</b>	Half 26 Whole 42
Crispy tofu katsu curry, coconut rice, fried shallots, pickled veggies <b>VE/GF</b>	16
Grilled local 8oz ribeye, BBQ rub, roasted tomato & fries <b>GF</b>	26
<b>add:</b> 1/2 local lobster <b>GF</b>	19
Whole roasted Cornish mackerel, citrus butter, fennel, beetroot & blood orange <b>GF</b>	19
<b>Hot Shells:</b> Pot steamed mussels, clams, scallop, prawns, crab claws, garlic, white wine & sourdough toast <b>GFO</b>	26
<b>add:</b> 1/2 local lobster <b>GF</b>	19

## ADDITIONS

Sweet potato wedges, confit garlic oil <b>VE/GF</b>	4.5
Iceberg wedge, blue cheese dressing, crispy shallots <b>v/GF</b>	4.5
Celeriac & red cabbage slaw <b>v/GF</b>	3.5
Buttered green beans & hazlenuts <b>VEO/GF</b>	4
Fries, Cornish rock salt <b>VE/GF</b>	4
Fries, garlic oil, sea salt <b>VE/GF</b>	4

## KIDS ON THE BEACH

Crispy chicken strips, fries & BBQ sauce	7.5
Local beef burger, BBQ sauce, brioche bun, fries <b>GFO</b>	7.5
Proper fish fingers, chips & peas <b>GF</b>	7.5
Mini crispy tofu katsu curry, coconut rice, fried shallots, pickled veggies <b>VE/GF</b>	6.5

## DESSERTS

<b>Eton Mess Sundae:</b> local strawberries, meringue, ice cream, mint, Chantilly, chocolate flake <b>v/GF</b>	8.5
<b>Boozy Tiramisu:</b> lady fingers, mascapone, espresso, Kahlua, lemon, cocoa <b>v</b>	6.5
Dark chocolate delice, vanilla poached pear, smashed ginger nuts <b>v/GFO</b>	7
Cornish Blue, last season's chutney, crackers <b>v/GFO</b>	8
<b>Espresso Martini:</b> Absolut Vanilla, Kahlua, Cornish espresso <b>VE/GF</b>	8.5